


Richmond Hill Montessori



April Week 1 & 3 Lunch Menu

	Breakfast	A.M. Snack	Lunch	P.M. Snack
Monday 1 st 15 th 29 th	Whole Grain Cereal Milk Water	Vanilla Yogurt Water	Mac & Cheese Mixed Veggie Apple Slice Milk	Trail Mix Water
Tuesday 2 nd 16 th 30 th	Whole Grain Pancakes W/ Syrup Milk Water	Bananas  Water	Chicken Taquitos Pinto Beans Pineapple Milk *Veg. Cheese Taquitos	Rice Cakes Water
Wednesday 3 rd 17 th	Whole Grain Cereal Milk Water	Vanilla Wafers Water	Pancakes w/ Syrup Turkey Sausage Applesauce Milk *Veg. Sausage	Fresh-baked Muffins Water
Thursday 4 th 18 th	Whole Grain Pancakes W/ Syrup Milk Water	Fruit Loops Water	Chicken Nuggets Corn Peaches Milk *Veggie Nuggets	Goldfish Water
Friday 5 th 19 th CLOSED GOOD FRIDAY	Whole Grain Cereal Milk Water	Oranges Slices Water	Turkey / Cheese Quesadilla Veggie Straws Organic Carrot Slices W/ Ranch Milk *Grilled Quesadilla	Ritz Crackers Wow Butter Water