

Richmond Hill Montessori

March Week 2 & 4 Lunch Menu

	Breakfast	A.M. Snack	Lunch	P.M. Snack
Monday 9th Spring Break 23rd	Whole Grain Cereal Milk Water	Pretzels Water	Cheese Quesadilla Pinto Beans Mixed Fruit Ranch Milk	Orange Slices  Water
Tuesday 10th Spring Break 24th	Whole Grain Pancakes Syrup Milk Water	Ritz Crackers Water	Fish Fillets Jasmine Rice Peaches Milk	Blueberry Muffins Water
Wednesday 11th Spring Break 25th	Whole Grain Cereal Milk Water	Vanilla Yogurt Water	French Toast W/ Syrup Turkey Sausage Applesauce Milk * Veggie Sausage	Cheez-It Crackers  Water
Thursday 12th Spring Break 26th	Whole Grain Pancakes Syrup Milk Water	Cereal Trail Mix  Water	Macaroni & Cheese Green Beans Mandarin Oranges Milk	Rice Cakes Water
Friday 13th Spring Break 27th	Whole Grain Cereal Milk Water	Goldfish Water	Chicken/ Cheese Sub Sandwich Lettuce Cucumbers Ranch Veggie Straws Milk	Fruit Snacks Water