

Richmond Hill Montessori

August Lunch Menu

	Breakfast	A.M. Snack	Lunch	P.M. Snack
Monday <u>CLOSED THE 10th</u> Teacher In-Service Training	Whole Grain Cereal Milk Water	Whole Grain Cereal Mix Water	Fish Filets Green Beans Orange Slices Milk	Ritz Crackers & Sliced Cheese Milk Water
Tuesday	Whole Grain Pancakes W/ Syrup Milk Water	Watermelon Water	Chicken Taquito Pinto Beans Pineapple Tidbits Milk	Rice Cakes Water
Wednesday	Whole Grain Cereal Milk Water	Graham Crackers Water	Grilled Cheese Sandwich Apple Sauce Tomato Soup Milk	Fresh-Baked Fruit Muffins Milk Water
Thursday	Whole Grain Pancakes W/ Syrup Milk Water	Tortilla Chips & Salsa Water	Chicken Nuggets Corn Diced Peaches Milk	Vanilla Yogurt Water
Friday	Whole Grain Cereal Milk Water	Whole Grain Cereal Mix Water	Turkey & Cheese Sandwich Veggie Straws Mandarin Oranges Milk	Crackers W/ Wow Butter Water