



# Richmond Hill Montessori

## December Week 1 & 3 Lunch Menu

	<b>Breakfast</b>	<b>A.M. Snack</b>	<b>Lunch</b>	<b>P.M. Snack</b>
<b>Monday</b> 2 <sup>rd</sup> 16 <sup>th</sup>	Whole Grain Cereal  Milk Water	Bananas  Water	Mac & Cheese Green Beans Mixed Fruit Milk	Whole Grain Apple Cinnamon Muffins  Water
<b>Tuesday</b> 3 <sup>rd</sup> 17 <sup>th</sup>	Whole Grain Pancakes  Milk Water	Apple Slices W/ wow butter  Water	Chicken Taquitos Peaches Pinto beans Milk  *Veg. Cheese Taquitos	Vanilla wafers    Water
<b>Wednesday</b> 4 <sup>th</sup> 18 <sup>th</sup>	Whole Grain Cereal  Milk Water	Chex Mix  Water	Grilled Cheese Tomato Soup Veggie Straws Milk	Crackers & Sliced Cheese  Water
<b>Thursday</b> 5 <sup>th</sup> 19 <sup>th</sup>	Whole Grain Pancakes  Milk Water	Goldfish  Water	Chicken Nuggets Corn Mandarin Oranges Milk  *Veggie nuggets	Vanilla yogurt Parfait  Water
<b>Friday</b> 6 <sup>th</sup> 20 <sup>th</sup> <b>Santa Visit</b> 	Whole Grain Cereal  Milk Water	Cinnamon Graham Crackers  Water	French Toast w/ Syrup Turkey Sausage Applesauce Milk  *Veg. Sausage	White Cheddar Rice Cakes  Water