

Richmond Hill Montessori

MAY 2023 LUNCH MENU

	Breakfast	A.M. Snack	Lunch	P.M. Snack
Monday	Whole Grain waffles Milk Water	Veggie Straws Water	Cinnamon French Toast Sausage links Blueberries Milk *Veggie Sausage	Goldfish Water
Tuesday	Whole Grain Pancakes Milk Water	Teddy Grahams Water	Chicken Nuggets Mashed potatoes Peaches Milk	Applesauce Pouch Water
Wednesday	Whole Grain waffles Milk Water	Cereal Bars Water	Grilled cheese sandwiches Corn Applesauce Milk	Chex mix Water
Thursday	Whole Grain Pancakes Milk Water	Pretzels Water	Mac N Cheese Peas Mixed Fruits Milk	Fruit Snacks Water
Friday	Whole Grain Breakfast Chicken Biscuits *Veggie options Milk Water	Yogurt Water	Fish Sticks Green beans Pineapple Milk *Bosco Sticks	Ritz Crackers Water