

Richmond Hill Montessori

March 2024 Lunch Menu

	Week 1	Week 2	Week 3	Week 4
Monday	Breakfast: Whole Grain Waffle Lunch: Cheese Quesadilla Veggie Straws Pineapple Milk/Water	Breakfast: Yogurt Lunch: Chicken Nuggets Corn Apple Sauce Water/Milk	Breakfast: Cereal Lunch: Chicken Taquitos Mixed Veg. Blueberries Milk/Water	Breakfast: Pancakes Lunch: Bosco Sticks Carrot slices Pineapple Milk/Water
Tuesday	Breakfast: Waffles Lunch: Turkey Meat balls w/Marinara Sauce Cucumber Mixed fruit	Breakfast: Yogurt Lunch: Fish Sticks, Broccoli Oranges Milk/Water	Breakfast: Waffles Lunch: French Toast Green Beans, Mixed fruit Milk/Water	Breakfast: Pancakes Lunch: Turkey/cheese sandwich Apple sauce Oranges Milk/Water
Wednesday	Breakfast: Waffles Lunch: French Toast Corn, Oranges Milk/water	Breakfast: Yogurt Lunch: Bosco Sticks Veggie straws Mixed fruit Water/Milk	Breakfast: Cereal Lunch: Chicken Nuggets Pineapple Corn Milk/Water	Breakfast: Pancakes Lunch: French Toast Broccoli Peaches Milk/Water
Thursday	Breakfast: Waffles Lunch: Chicken Nuggets Peas Blueberries	Breakfast: Yogurt Lunch: Mac & cheese Peas Pineapple Water/Milk Milk/Water	Breakfast: Cereal Lunch: Fish Sticks Peaches Veggie straws Milk/Water	Breakfast: Pancakes Lunch: Mini Turkey corn dog Veggie straws Mixed fruits Milk/Water
Friday	Breakfast: Waffles Lunch: Turkey/Cheese Sandwich Green Beans Apple Sauce Milk/Water	Breakfast: Yogurt Lunch: French Toast Broccoli Peaches Milk/Water	Breakfast: Cereal Lunch: Pizza Rolls Peas Oranges Milk/Water	Breakfast: Pancakes Lunch: Mac & cheese Mixed vegetables Blueberries Milk/Water