

EARLY CHILDHOOD DEVELOPMENTAL MILESTONES

Here is a quick overview to help you see where your child is at based on motor skills, communication skills, cognitive skills, and social skills! Remember, these are just guidelines, not rules. If your child seems to be a little behind don't worry and work with them at home to help with their development!



YEAR ONE

MOTOR

Pull self into standing position & take a few steps with support

COMMUNICATION

Uses single words

COGNITIVE

Explores toys with hands & mouth

SOCIAL

Cries when parents leave

YEAR TWO

MOTOR

Walk without help & begin to run

COMMUNICATION

Uses two to four word sentences

COGNITIVE

Begin to sort shapes & colors

SOCIAL

Gets excited around other children

YEAR THREE

MOTOR

Runs and climbs easily

COMMUNICATION

Holds conversations with two to three sentences

COGNITIVE

Plays make-believe

SOCIAL

Shows affection for friends

YEAR FOUR

MOTOR

Run, climb, catch a bounced ball, & stand on one foot

COMMUNICATION

Speaks in sentences with five or six words

COGNITIVE

Understands counting & time

SOCIAL

Cooperates with other children

YEAR FIVE

MOTOR

Able to somersault & maybe even skip

COMMUNICATION

Speaks clearly in complete sentences

COGNITIVE

Can count to 10 or more

SOCIAL

Wants to make friends happy