

Richmond Hill Montessori

January 2025 Lunch Menu

	Week 1	Week 2	Week 3	Week 4
Monday	Breakfast: Yogurt Lunch: Vegetable Fried Rice Spring Rolls Blueberries Milk/Water	Breakfast: Waffles Lunch: Turkey Meatballs w/Marinara Sauce/ Veggie Nuggets Green Beans Mixed Fruit	Breakfast: Pancakes Lunch: Cheese Quesadilla Veggie Straws Pineapple Milk/Water	Breakfast: Cereal Lunch: Mini Turkey Corn Dogs/Veggie Patty Green Beans Mixed Fruit Milk/Water
Tuesday	Breakfast: Pancakes Lunch: Pizza Rolls Mixed Veg. Peaches Milk/Water	Breakfast: Cereal Lunch: Chicken Nuggets/Veggie Nuggets Broccoli Apple Sauce Water/Milk	Breakfast: Yogurt Lunch: Mini Turkey Corn Dogs/Bosco Sticks Green Beans Mixed Fruits Milk/Water	Breakfast: Waffles Lunch: French Toast Sticks Corn Oranges Milk/Water
Wednesday	Breakfast: Waffles Lunch: Bosco Sticks Carrot Slices Pineapple Milk/Water	Breakfast: Yogurt Lunch: Fish Sticks/Bosco Sticks Veggie Straws Peaches Water/Milk	Breakfast: Pan cakes Lunch: Chicken Nuggets Peaches Corn Milk/Water	Breakfast: Yogurt Lunch: Turkey/Cheese Sandwich Broccoli Peaches Milk/Water
Thursday	Breakfast: Pancakes Lunch: Chicken Nuggets Corn Apple Sauce Water/Milk	Breakfast: Yogurt Lunch: French Toast Sticks Turkey Sausage Corn Oranges Water/Milk	Breakfast: Cereal Lunch: Pizza Rolls Broccoli Oranges Milk/Water	Breakfast: Waffles Lunch: Mac & Cheese Mixed Vegetables Blueberries Milk/Water
Friday	Breakfast: Yogurt Lunch: Chicken/ Cheese Sandwich Peas Mixed Fruit Water/Milk	Breakfast: Cereal Lunch: Mac & Cheese Peas Blueberries Milk/Water	Breakfast: Waffles Lunch: Mac & Cheese Peas Blueberries Milk/Water	Breakfast: Pan cakes Lunch: Cheese Quesadilla Veggie Straws Apple Sauce Milk/Water