

# Richmond Hill Montessori



## January 2024 Snack Menu

	Week 1	Week 2	Week 3	Week 4
<b>Monday</b>	<b>AM</b> – Croissants <b>PM</b> – Blueberry Muffins	<b>AM</b> – Yogurt Pouch <b>PM</b> – Tortilla Chips	<b>AM</b> – Blueberry muffins <b>PM</b> – Rice Cakes	<b>AM</b> – Vanilla Wafers <b>PM</b> – Cheese Sticks
<b>Tuesday</b>	<b>AM</b> – Apples <b>PM</b> – Crackers & Sliced Cheese	<b>AM</b> – Goldfish <b>PM</b> – Banana Muffin	<b>AM</b> – Fruit snack <b>PM</b> – Tortilla Chips	<b>AM</b> – Cheese sticks <b>PM</b> – Apple Sauce pouches
<b>Wednesday</b>	<b>AM</b> – Blueberries <b>PM</b> – Vanilla Wafers	<b>AM</b> – Chex mix <b>PM</b> – Crackers & Sliced Cheese	<b>AM</b> – Tortilla Chips <b>PM</b> – Cheese Sticks	<b>AM</b> – Goldfish <b>PM</b> – Blueberry muffins
<b>Thursday</b>	<b>AM</b> – Fruit Strips <b>PM</b> – Banana Muffin	<b>AM</b> – Apples <b>PM</b> – Ritz Crackers	<b>AM</b> – Veggie Straws <b>PM</b> – Yogurt pouches	<b>AM</b> – Nutri Bar <b>PM</b> – Ritz Crackers
<b>Friday</b>	<b>AM</b> – Nutri Bar <b>PM</b> – Tortilla chips	<b>AM</b> – Bananas <b>PM</b> – Cheese Sticks	<b>AM</b> – Graham crackers <b>PM</b> – Fruit Snack	<b>AM</b> – Animal Crackers <b>PM</b> – Goldfish